

Outer Hebrides Alcohol & Drug Partnership FINAL

Outer Hebrides ADP Members Meeting

Date: Wednesday 17th September 2014, 1200 - 1400

Venue: Police Scotland, Church Street, Stornoway

PRESENT:

Gordon Jamieson
Maggie Watts
David Blaney
Isobel Mackenzie
Mairi Bremner

Chief Executive, NHS WI (Chair)
Director of Public Health, NHS WI (Acting Chair)
Chair of Licensing Board, CnES
Housing Strategy Officer, CnES
Community Representative

IN ATTENDANCE:

Wendy Ingledew
Fiona Hall

ADP Coordinator, NHS WI
ADP Substance Misuse Information and Research
Officer (SMIRO), NHS WI
ADP Substance Misuse Development Officer, NHS WI

Suzanne Macaulay

NOTE TAKER:

Karen Peteranna

ADP Administrative Assistant, NHS WI

1. APOLOGIES

Apologies were received from Gordon Macleod, Michael Stewart, Mary Macinnes, Marine Munro, Mairi Campbell, Donnie Mackenzie and Bernard Chisholm

2. APPROVAL OF MINUTES

2.1 ADP MINUTES OF 18th JUNE 2014

The notes of the 18th June 2014 ADP members meeting were approved as a correct copy.

3. ACTIONS FROM ADP MEETING 18th JUNE 2014

All actions are complete or ongoing.

4. ADP EXECUTIVE HELD ON 17th SEPTEMBER 2014

The Chair provided an update on the ADP Executive meeting held prior.

An application for the 'Staran Boat Project' was submitted to the ADP for consideration from Third Sector Hebrides. Members did not make a decision on funding this project and wished to:

- clarify the budget (as double counting was suspected)

- know if the staff costs are for 6 or 12 months
- understand what the lifespan of the project is

Further discussions are required with Action for Children (AFC) to better understand their current situation and requirements for 2015-16 as they advised they have a £23k pressure from the ADP funding staffing costs of £67k only for the 3 posts currently funded.

A request for financial support was received from The Shed for a portable 5-a-side football pitch. It was agreed this project was not in-line with the ADPs strategic priorities however the ADP would provide information on other funding opportunities.

It was agreed the Outcomes Databases and Monitoring Forms would be issued to funded services ASAP for return on 10th October 2014. The ADP support team will review the returned submissions and compile report by 31st October 2014. The support team will provide the executive members with a summary report on the Outcomes Databases and Monitoring Forms, highlighting any anomalies. Members agreed minor variations did not need to be brought to the attention of the ADP members in the report; only non-conformities of concern. Following successful evaluation and monitoring the ADP will issue 2nd payments to funded services.

It was agreed that the ADP would move towards implementing a commissioning strategy. Members were unsure when the commissioning strategy would be implemented however the options discussed were 2015-16, late 2015-16, or 2016-17. Members would agree by the December meeting if commissioning of services would be implemented in 2015-16 to allow for 3 months notice to funded services. It was agreed an update on epidemiology was required along with a review of the 'needs assessment' and the services the ADP would commission would come from this. It was agreed that if the ADP is moving towards a Recovery Orientated System of Care (ROSC) implementation and commissioning strategy the ADP will be required an additional resource to undertake this. The ADP would inform funded services that the ADP are moving towards a commissioning strategy and as soon as the ADP has further information on this they will be informed.

The Chair advised in the absence of a confirmed reduction of funding from the Scottish Government the Outer Hebrides ADP would continue to move in the planned direction. Wendy advised that in 2010 the Outer Hebrides ADP and Orkney ADP had their funding cut drastically based on the lack of drug misuse in these areas. It was suggested that the ADP needs to better understand the drug issues in the Outer Hebrides and decide if there is a need to invest in detection and prevention. Police Scotland will be able to address these queries in the needs assessment and they may want to re-establish the drugs dog.

There were no concerns raised from the funded service visits.

The discussion on the 'out of hours' service was deferred.

5. RECOVERY ORIENTATED SYSTEMS OF CARE

ADP members confirmed they would proceed with the implementation of the Recovery Orientated Systems of Care (ROSC). Both the Outer Hebrides ADP and the Substance Misuse Partnership for Uist & Barra (SMPUB) are moving towards a ROSC however there are areas that need to be tightened-up. It was suggested that there needs to be discussion around the ADP moving towards implementing a commissioning strategy. The commissioning strategy will be outcome driven.

Faye Murffet, Ayrshire and Arran ADP advised that the Outer Hebrides ADP could use her ROSC model and adapt to suit the Outer Hebrides. Maggie Watts (MW) voiced that it took Ayrshire and Arran 3 years to get everyone onboard and understanding that the service user is central. She further advised that some issues can be ongoing and that's when the ADP needs to be fully committed to maintaining the focus. Wendy Ingledew (WI) shared with those present that Judith Macdonald, SMPUBs Substance Misuse Support Worker for the Uist's has ROSC knowledge and an understanding of the ethos and she would be a suitable 'ROSC champion'.
MW

ACTION: Wendy Ingledew - Include appropriate individuals in commissioning strategy discussions.

ACTION: Suzanne Macaulay - Ask Judith Macdonald, SMPUB if she would be a 'ROSC champion' for the ADP.

6. **APPOINTMENT OF VICE CHAIR AND REVIEW OF MEMBERSHIP:**

6.1 **TO APPOINT VICE CHAIR RE TERMS OF GOVERNANCE**

It was agreed WI would compile information on the review of the Chair and Vice Chair appointment for the ADP Governance paper.

6.2 **TO REVIEW MEMBERSHIP RE TERMS OF GOVERNANCE**

It was further agreed WI would compile information on the review of membership for the ADP Governance paper. It was also voiced that service users will get onboard with the implementation of ROSC.

6.3 **TO AGREE ANY CHANGES TO TERMS OF GOVERNANCE**

It was agreed that WI would compile information on the review of subgroup memberships for the Governance paper. Suzanne Macaulay (SM) advised that further links to mutual aid groups are required and a representative from Alcoholics Anonymous (AA) will be asked to join the subgroup/s. A representative from Narcotics Anonymous (NA) has been voted onto the Lewis and Harris subgroup. It was confirmed that the Chair of the ADP subgroups is currently a member of the ADP support team. It was voiced that the ADP has an overarching responsibility to the subgroups. The ADP can set-up the subgroups and affiliate themselves to the groups.

It was agreed the status quo would remain on all pending governance decisions.

ACTION: Wendy Ingledew – Compile information on review of Chair and Vice Chair Governance paper, membership and review of subgroups.

ACTION: Suzanne Macaulay – Invite an Alcoholics Anonymous representative to join the ADP subgroup/s

7. **TRAINING**

7.1 **Scottish Recovery Consortium 'Recovery Matters' Workshop**

The Recovery Matters workshop provides an introduction to the ideas and practices involved in placing recovery at the heart of service provision. Participants explored the contributions service providers and clinicians can make to recovery journeys. An asset based approach was practiced and the importance of the first five years of recovery was explored when sustaining long term recovery in a community setting.

The 1 day workshop took place in Stornoway 25th August and 21 people attended. All funded services attended apart from the 'Alcohol and Mental Health Liaison Nurse' who was on annual leave.

Also in attendance were:

- CnES Drug Support Worker & Alcohol Support Worker
- CnES Housing representatives
- Narcotics Anonymous
- ADP Support Team
- Alcoholics Anonymous

The 1 day workshop also took place in Balivanich on 26th August and 18 people attended. All members of the SMPUB attended apart from a rep from RADICAL and An Caladh.

Also in attendance was:

- CnES Trainee Social Worker
- ADP Coordinator
- NHS Community Psychiatric Nurse (CPN) x 3
- NHS Dementia Link Worker
- CnES Social Care Assessor

39 people in total for attendance across the Outer Hebrides. The facilitator, Anne Marie, is to issue evaluation to participants and inform ADP support team of results.

ACTION: Karen Peteranna - Receive evaluation on 'Recovery Matters' training in Balivanich and Stornoway from the Scottish Recovery Consortium.

7.2 STRADA

The 'Children and Families Affected by Parental Substance Misuse' 2 Days course will take place in Stornoway 3rd and 4th March 2015. There are currently 8 places remaining so another push for attendance will be undertaken. Karen Peteranna (KP) will ensure all funded services are signed-up this course. And will further promote the training to appropriate agencies to maximise attendance.

The 'Children and Families Affected by Parental Substance Misuse' 2 Days course was due to take place in Uist on 23rd and 24th September 2014 however this was cancelled due to low attendance with 4 registered. Notification for the 'Childhood to Adulthood' Event in Stornoway was issued prior to the STRADA notification and a lot of funded services and CnES employees had already committed to the 'Childhood to Adulthood' event.

KP emailed George Burton, STRADA Coordinator advising that the ADP would like to reschedule this training in 2014-15 and awaits his response on suitable dates.

KP is to attend STRADA's Workforce Development Reference Group meeting on 29th October 2014 and can update members by email or at the December meeting.

ACTION: Karen Peteranna - Ensure all funded services are signed-up to the 'Children and Families Affected by Parental Substance Misuse' 2 day STRADA training.

ACTION: Karen Peteranna - Promote 'Children and Families Affected by Parental Substance Misuse' 2 days STRADA training further to maximise attendance.

ACTION: Karen Peteranna - Liaise with STRADA to reschedule 'Children and Families Affected by Parental Substance Misuse' 2 day training.

7.3 SURVEY MONKEY ON 'CURRENT TRAINING REQUIREMENTS'

KP advised those present that a survey had been issued to funded services to understand what their current needs were. The results have been received and KP will liaise with Fiona Hall (FH) to better understand these.

ACTION: Karen Peteranna - Work with Fiona Hall to understand results from 'Current Training Requirements' survey from Survey Monkey.

7.4 SCOTTISH DRUGS FORUM (SDF)

SDF advised that they are available to conduct the New Psychoactive Substance (NPS) 1-day training in both Stornoway and Balivanich. Katy issued the typical learning needs analysis (*Karen issued round table*). Katy advised she is happy to make to any amendments to this to capture information for the Outer Hebrides ADP. The ADP support team are to meet next week to discuss this and welcome suggestions from the ADP members.

ACTION: Karen Peteranna – Get provisional dates for 'Legal Highs' training from SDF and check with funded services these dates are suitable prior to confirming with SDF.

ACTION: Karen Peteranna - Complete Learning Needs Analysis for SDF.

7.5 TRAINING WORKING GROUP

SM has been discussing setting-up a short life working subgroup on Education and Training to look at developing approaches throughout the islands so there is a uniformed partnership approach Hebrides-wide. This action was agreed at a previous ADP meeting however as there has been a change in Chair and Vice Chair since the support team sought approval and inviting suggestions for membership and the development of this work. It was suggested that the Sexual Health Officer be included in this group re: healthy respect, guidance teachers, education, individual schools, Barra Substance Misuse Support Worker (SMPUB) and CnES Outreach workers. It was suggested that the ADP assist in the provision of the working group.

It was suggested that the ADP ensure they have up-to-date Alcohol Focus Scotland 'Oh Lila' and 'Rory' resources

ACTION: Suzanne Macaulay – Set-up short life working sub group on Education and Training.

ACTION: Karen Peteranna – Order most up to date copies of the resources 'Oh Lila' and 'Rory' from Alcohol Focus Scotland.

8. ADP CAMPAIGNS

8.1 SUMMER CAMPAIGN

The summer safety campaign was launched by the ADP together with the NHS Western Isles Health Promotion team, the Sexual Health Officer and the Community Safety Partnership (CSP). The aim of the campaign was to raise awareness on the safe use of alcohol, the risks of drugs including 'legal highs' and safer sex at holiday time, when people are more likely to take part in risky behaviour.

Local launches took place in Lewis (Stornoway), Benbecula and Barra, as well as on Caledonian MacBrayne's Isle of Lewis ferry.

Promotional items for the campaign included:

- Mocktails: Created by the County Hotel's cocktail mixologist Vojka Vestremo and promoted throughout licensed premises with the support of the local Licensing Board.

- Flip Flops: Issued by licensed premises, AFC Outreach worker, Martin's Memorial Outreach workers and CnES CL&D to promote getting home safe after a night out.
- Water Bottles: Free bottles of water were made available at social events across the Hebrides, including The Harris Tweed Hebrides Tattoo 2014 promoting driving safety.
- Ponchos: Rain ponchos with the message Hugs not Drugs were issued at Hebridean Celtic Festival (HCF), Hebridean Tattoo, Lewis Carnival and local shows in the Uist's and Barra.
- Proof of Age Poster: This aimed to reduce the risks of underage drinking while providing licensed premises with information on acceptable forms of photographic identification, penalties for buying and selling alcohol to under 18s.

It was voiced that HCF did not accommodate the campaign resources offered initially as it did not fit in with their 'family friendly' approach and they had concerns over the disposal of non recycling materials as making their event environmentally is of particular importance to them. It was suggested that as a substantially sized local licensed event they should have a responsibility to incorporate health improvement. It was further suggested that health improvement and public health responsibilities could be made a requirement of licensing.

Summer Safety Guide were purchased however did not arrive in time and will be issued in 2015. An evaluation is to be completed by the ADP support team.

ACTION: Karen Peteranna - Complete evaluation of summer campaign.

8.2 FASD AWARENESS CAMPAIGN

The ADP, in partnership with the Uist & Barra Substance Misuse Coordinator, aimed to raise awareness of Fetal Alcohol Spectrum Disorder (FASD) on and around 9th September which was International FASD Awareness Day.

SM & KP conducted a Pregnant Pause and FASD awareness presentation with the S5 girls at the Nicolson Institute. SM & KP then held an FASD awareness stall at Tesco Stornoway from 10am on the 9th September. Leaflets, unit glasses, wheels and calculators were issued to customers. The age group was older than expected (less young families) however the older customers did say they would pass on the information to daughters etc. The Lews Castle College Hair and Beauty students helped raise awareness at the college over lunchtime by issuing information to students.

Posters and 'alcohol and pregnancy' leaflets were issued to doctor's surgeries, work places, alcohol and drug services and venues where young mums/baby groups meet. Leaflets specifically for pregnant women were issued alongside the posters and general 'alcohol and pregnancy' leaflets to the maternity unit at WIH. We had hoped to issue to the Health Visitors also but did not receive a response on how many to issue and where to issue to. We will be making contact again post 9th September and can accommodate their needs.

Post campaign 2 page spread in Events publication in October issue. This will include an awareness advert, a write up on FASD an activity across the Outer Hebrides coinciding with FASD Awareness Day and photos from events. MW advised she would provide the support team with a suitable 'baby in the bottle' poster.

Health Promotion's Health Information and Resources Officer has suggested the awareness advert/poster created for Event's be printed and placed in the toilet poster frames which are in licensed premises across the Outer Hebrides and can remain there until the Festive periods materials are issued at the end of November.

The ADP support team will be promoting NHS Education for Scotland's Fetal Alcohol Harm e-learning resource to OH alcohol & drug services, maternity unit, health visitors etc. It was agreed this could be promoted through the NHS Communications Manager.

An evaluation on the campaign will be completed at the end of October.

ACTION: Karen Peteranna – Receive FASD poster 'Baby in the bottle' from Maggie Watts.

ACTION: Karen Peteranna – Promote NHS Education for Scotland's Fetal Alcohol Harm e-learning resource to OH alcohol & drug services, maternity unit, health visitors and through NHS Communications Manger.

ACTION: Karen Peteranna – Complete evaluation of FASD campaign end of October.

8.3 WINTER CAMPAIGN

KP advised that the ADP has the following promotional items for the winter campaign:

- Small LED torches x 500
- Hand warmers x 500
- Reflector keyrings x 500
- Ponchos x 200 remaining from summer campaign

The proposed focus for the drugs campaign is cocaine following feedback from the recent subgroups. The proposed focus for the alcohol campaign is alcohols affects on mental health and Seasonal Affective Disorder (SAD) following feedback from the Community Nurse (Alcohol Misuse) at the funded service visit in 2013. Members were happy with this focus and asked that statistics be gathered to support the campaigns. FH would gather statistics on drug seizures, drug related deaths, hospitalisations, A&E attendance. It was suggested that linking in with 'cool2talk' would be suitable for the alcohol campaign and KP would contact Mike Sullivan to discuss and gain approval. It was suggested that Samaritans would also be good to link in with.

ACTION: Karen Peteranna – Compile proposal for ADPs winter campaign with SADs and mental health elements. Consider drugs campaign also.

ACTION: Fiona Hall – Compile stats for Winter campaign.

ACTION: Karen Peteranna – Consider Samaritans and 'cool2talk' for promotion through the winter campaign.

9. AOCB:

9.1 REPORT FROM U&B PARTNERSHIP DEVELOPMENT DAY 11/08/14

The SMPUB development day was a success and benefited from an external facilitator. Members were issued the report from the development day to peruse.

9.2 DRAFT MINUTES FROM U&B SUBGROUP MEETING 20/08/14 AND L&H SUBGROUP MEETING 02/09/14

Funded services selected Wednesday 8th October for the Networking Day in Leverburgh.

9.3 CONSULTATION PROCESS ORANGE GUIDELINES

The Consultation paper was circulated around the services for information and action. Services were asked to copy the ADP into any submissions regarding the consultation process. A representative from the Outer Hebrides ADP was invited to a consultation workshop in Glasgow however was unable to attend.

9.4 THE QUALITY PRINCIPLES: STANDARD EXPECTATIONS OF CARE AND SUPPORT IN DRUG AND ALCOHOL SERVICES

The Scottish Government have publicised 'The Quality Principles: Standard Expectations of Care and Support in Drug and Alcohol Services' which set out the Scottish Government's expectations of the level of service to individuals and their families when seeking help to support their recovery.

The Scottish Government expect ADPs and services to fully embrace the ethos of the Quality Principles, making use of improvement techniques to build on the range of work already taking place across Scotland. The principles and accompanying advice has been circulated to all funded services for implementation and a request made by the ADP for them to notify us re the quantity of leaflets and posters needed so that arrangements can be made for ordering and distribution. The ADP has now ordered 100 posters from the Scottish Governments (free of charge) and 1000 leaflets (purchased locally) for distribution to local alcohol and drug services. The ADP will also have to discuss and agree how they are going to achieve, maintain and monitor these principles.

It was agreed the ADP would contact the Scottish Government's Hilary Smith or Biba Brand to better understand how the Outer Hebrides ADP can:

- Evidence the principles are in place
- Use a template
- Use quality indicators
- Ensure the ethos is included as well as self assessment

It was further agreed Hilary would be invited to meet with the Outer Hebrides ADP members to discuss how the Quality Principles links in with recovery/ROSC and how this can be implemented.

ACTION: Wendy Ingledeu – Contact SG Hilary or Biba re queries above.

ACTION: Wendy Ingledeu – Invite Hilary to meet OHADP re Quality Principles.

9.5 EARLY YEARS PARTNERSHIP

WI and current representative on The Early Years Partnership (EYP) group received communication asking if she would remain on the group for the coming year. The EYP are keen that a representative from the ADP continues to attend the meetings, to ensure that they have a comprehensive outlook on the early years as a whole and continue to work together to develop and deliver their strategic targets. Members agreed WI would remain the ADP representative on the EYP.

ACTION: Wendy Ingledeu – Advise the Early Years Partnership that the status quo remains and she will continue to be the representative for the ADP.

10. OUTER HEBRIDES ADP – ANNUAL REPORT 2013-14

The completed Outer Hebrides ADP Annual Report was submitted timeously to the Scottish Government by the due date of 15th September 2014 although confirmation of receipt had not been received, so this would be sought.

ACTION: Wendy Ingledeu – Check the annual report has been received by the Scottish Government.

11. DATE OF NEXT MEETING
3rd December 2014, time TBC

ACTION: Karen Peteranna – Send diary reminder.