



Outer Hebrides Alcohol & Drug Partnership

FINAL

Outer Hebrides ADP Members Meeting

Date: Wednesday 3rd December 2014, 11.30am – 2.00pm

Venue: Health Board Office, Meeting Room 1, Stornoway

PRESENT:

Maggie Watts
David Blaney
Isobel Mackenzie
Mairi Bremner
Marine Munro
Fiona MacInnes Begg

Director of Public Health, NHS WI (Vice Chair)
Licensing Board (Chair), CnES
Housing Strategy Officer, CnES
Community Representative
Development Manager, Harris Voluntary Service
Extended Learning Manager, CnES (attending for
Bernard Chisholm)

IN ATTENDANCE:

Wendy Ingledew
Fiona Hall

Suzanne Macaulay
Donnie Mackenzie

ADP Coordinator, NHS WI
ADP Substance Misuse Information and Research
Officer (SMIRO), NHS WI
ADP Substance Misuse Development Officer, NHS WI
Accountant, NHS WI

NOTE TAKER:

Karen Peteranna

ADP Administrative Assistant, NHS WI

1. APOLOGIES

Apologies were received from Gordon Jamieson, Gordon Macleod, Bernard Chisholm, Michael Stewart, Mary Macinnes and Mairi Campbell.

2. APPROVAL OF MINUTES

The notes of the 17th September 2014 ADP Members meeting were approved as a correct copy.

3. ACTIONS FROM EXECUTIVE ADP MEETING 17th SEPTEMBER 2014

Judith Macdonald, Substance Misuse Partnership for Uist and Barra (SMPUB) Substance Misuse Worker is on maternity leave so is not currently able to be a Recovery Orientated Systems of Care (ROSC) champion for the ADP at present.

Reports on the summer campaign and Fetal Alcohol Syndrome Disorder (FASD) Awareness Day were requested for circulation to members.

Wendy Ingledew (WI) advised that Hilary Smith from the Scottish Government would be available to meet with the OHADP and suggested she be invited to the ADP meeting in March 2015.

WI advised the group that the OHADP Annual Report had been received by the Scottish Government.

ACTION: Karen – Issue report on summer campaign to ADP members.

ACTION: Karen – Issue report on FASD Awareness Day to ADP members.

4. **ADP EXECUTIVE HELD ON 3rd DECEMBER 2014**

Members were advised that following the 6 month monitoring process some services had their final instalment of funds for 2014-15 withheld pending further discussion.

Funding to Third Sector Hebrides 'Staran' Boat Building Project was approved by the executive members.

Members were informed that 2015-16 would be a year of stability following successful evaluation of services in the end of year monitoring process assuming the funding allocation from the Scottish Government remains the same. The commissioning strategy is expected to be worked on through 2015-16 and implemented in 2016-17. The ADP support team will be working on the update of epidemiology and service mapping as a starting point to the Needs Assessment. The Needs Assessment is expected to take 1 year to complete. A Research Post may be financed by the ADP in 2015-16.

The ADP support team contracts were discussed as the current contracts end on 31st March 2015. The support team will remain stable in 2015-16 and a discussion will take place between the Chair and the support team following the member meeting.

Members were advised that the ADP must submit a Delivery Plan to the Scottish Government by 15th June 2015 and a Delivery Group Meeting would be arranged in March 2015.

ACTION: Chair – Meet with ADP support team to discuss contracts.

5. **APPOINTMENT OF VICE CHAIR AND REVIEW OF MEMBERSHIP RE ADP AND ITS SUBGROUPS**

Members discussed the draft Terms of Reference and agreed it was too lengthy and would be reduced. Members must also consider if it should be stipulated in the Terms of Reference that the Chair and Vice Chair must come from different organisations in the future.

The link between the OHADP and the Community Planning Partnership (CPP) was discussed. It was acknowledged that the ADP is the strategic body for alcohol and drugs however the future locus of alcohol and drugs strategy is unclear with the advent of the Joint Integration Board. The ADP must have a presence on the CPP and it was suggested that the OHADP

request a seat on the CPP for the ADP that is non-restrictive. It was agreed the ADP Coordinator would have a discussion with Gordon Jamieson and Gordon Macleod (who sit on the CPP) to explore if an ADP Executive Member who is not the Chair or Vice Chair could sit on the CPP.

Dr Maggie Watts agreed to continue to be the interim Vice Chair for the ADP until the end of March 2015.

Members considered if a review of the OHADP subgroups was necessary. It was agreed Suzanne Macaulay would review how subgroups were arranged in other areas. It was further agreed that local (non ADP) Chairs and Vice Chairs would be voted on at the next geographical subgroups. The geographical subgroups would be permanent unlike the ROSC and Commissioning subgroups which will be short life. The ADP will lead on the purpose of the subgroups, how this will be set-up and provide admin support but leave flexibility with the subgroups.

ACTION: ALL – Review the Terms of Reference.

ACTION: Wendy – Hold discussion with ADP members with links to CPP re: ADP additional representation.

ACTION: Suzanne – Review how subgroups are arranged in other areas.

ACTION: Suzanne – Arrange vote on local Chairs and Vice Chairs (non ADP) at geographical subgroups.

6. TRAINING

6.1 STRADA

The STRADA 'Children and Families Affected by Parental Substance Misuse' (CAPSM) 2 day course will be taking place in Stornoway 3rd and 4th March 2015. At present, all Lewis and Harris ADP funded services are registered apart from Hebrides Alpha Supported Accommodation (but they hope to register 2) and the NHS Alcohol and Mental Health Liaison Nurse (AMHLN). Members were advised that the AMHLN did not think it was necessary for them to attend as:

“Interagency communication and child protection assessment are a mandatory yearly training for health care staff. Risk assessment for CP is a basic function via patient assessment on first contact and identifies adverse affects and resilience. Professional standards, values and practice are specifically defined by NMC code of conduct and are not a personal choice. I do not work directly with children so the Child Change Tool would be of no use.”

It was suggested by the Chair that if Getting It Right For Every Child (GIRFEC) was part of the course the AMHLN would be expect to attend.

The 2 day CAPSM training course was due to be delivered by STRADA in Benbecula on 23rd and 24th September 2014. However this was cancelled by STRADA due to low registration on 9th September. Karen requested a reschedule from STRADA on 15th September however didn't receive a response and re-mailed STRADA on 13th November and received a response from George Burton, Operations Coordinator advising that STRADA could not make a commitment to providing these training days as they expect their training days quota to reduce further in 2015-16 by the Scottish Government as STRADA is expected to focus on strategic support work with ADPs.

The Outer Hebrides ADP has been ring-fenced by STRADA for working with them from April 2015 on compiling a strategic workforce development blueprint for the Outer Hebrides. STRADA has 2 blueprints which could be adopted by the Outer Hebrides (North Lanarkshire and Forth Valley). It was agreed a meeting between the ADP and STRADA would

be arranged for February 2015 to discuss the blueprints and what might fit the Outer Hebrides best. Tracey advised this process takes 1 year from start to finish. There is no cost to ADPs for this support as this is a core service. STRADA will travel to the Outer Hebrides and the only cost met by the ADP will be the meeting room hire/catering (if applicable). At the STRADA reference group meeting in October, Isobel Nisbet said that strategic workforce development came with the implementation of ROSC and the commissioning of services. The Chair advised the ADP should explore joint working with mental health and would discuss with Mike Hutchison the Head of the Service.

Karen Peteranna (KP) attended the STRADA reference group meeting in October and advised members that Skills for Justice UK were discussed. They were commissioned by the Scottish Government to compile the DCAF (www.dcaf.sfjuk.com). Skills for Justice are available to advise ADPs on how this can be implemented locally. Those present were advised that this facility is currently free. For the service to remain free it must be used by ADPs. The DCAF is a tool for individuals, managers and commissioners to access information on how to assess and enhance competence in the field of substance misuse. The National Occupational Standards (NOS) area of the DCAF website can be useful when creating job descriptions due to service redesign when moving towards a commissioning strategy. Joy Barlow (STRADA) has previously done work on this and would be available to provide support to ADPs. It was agreed this would be promoted to alcohol and drug services in the Outer Hebrides.

ACTION: Chair – Issue letter to STRADA noting the ADP’s disappointment at non delivery of allocated training days.

ACTION: Karen – Check if STRADA CAPSM course includes GIRFEC – if so advise the Alcohol and Mental Health Liaison Nurse of need to attend.

ACTION: Karen – Arrange meeting between STRADA and ADP re workforce development.

ACTION: Suzanne – Explore joint working with mental health.

ACTION: Karen – Encourage the use of and promote ‘Skills for Justice: Drug & Alcohol Competency Assessment Framework (DCAF)’; especially up to the end of March 2015.

6.2 SCOTTISH DRUGS FORUM – NPS TRAINING

Members were advised that funded services were completing a Doodle Poll to gauge availability in late January/February 2015. When the Doodle Poll closes dates will be confirmed, travel and venues will be booked and the training will be advertised locally for Stornoway and Balivanich.

ACTION: Karen – Continue to make arrangements for the delivery of New Psychoactive Substances (NPS) Training in Feb 2015 for Benbecula and Stornoway.

6.3 LOCAL ALCOHOL & DRUG WORKFORCE LEARNING NEEDS

Following a brief survey monkey on ‘current training requirements of funded services’ it was found that the preferred topics were:

1. NPS / ‘Legal Highs’
2. Drug awareness
3. Substance Misuse and the local scene

It is proposed that the KP assist in facilitating a training event with ADP partners in the new year in Stornoway and Balivanich to meet the need for ‘substance misuse and the local scene’. SDF training will incorporate general drugs awareness with the NPS training scheduled for January/February 2015.

ACTION: Karen – Continue to arrange ‘Substance misuse and the local scene’ training in Benbecula and Stornoway in early 2015.

6.4 PUBLIC PROTECTION TRAINING

KP has been part of Public Protection training lead by Gordon McKay, CnES Child Protection Officer. The 1 day basic awareness training event is a collaboration between CnES Social Work, ADP and Women's Aid covering: child protection, adult protection, domestic abuse, violence against women and alcohol awareness (FASD, alcohol and older people, local support services, ADP info and training opportunities, alcohol's impact on the body and community).

There are 6 dates ear-marked from February to June 2015 for delivery in Stornoway with 1 or 2 dates in Balivanich and it was agreed funded services should be encouraged to attend.

ACTION: Karen – Encourage funded services to attend Public Protection training in 2015.

6.5 Oh Lila and Rory Training

'Oh Lila' and 'Rory' educational training packs have been ordered from Alcohol Focus Scotland, 1 to be based at Health Promo. Uist and Stornoway. The 'Oh Lila' packs which are for use in nurseries have been dispatched however the 'Rory' packs for use in primary schools have been withheld as AFS do not issue these packs without providing training to primary school teachers. Members agreed to the delivery of the Rory training across the Outer Hebrides. Oh Lila training can be considered in the future.

ACTION: Karen – Arrange training on AFS Rory resource for primary schools.

7. ADP WINTER CAMPAIGN

The proof of age poster and card has been updated from the summer issue to include the Young Scot card which is promoted locally by CnES, Community Learning and Development. This will be issued to all licensed premises (on and off sales) across the Outer Hebrides.

The winter mocktail poster and recipe card will be issued to all on-sales premises across the Outer Hebrides. These are the summer mocktails rebranded for winter.

The cocaine awareness poster will be issued to licenses premises, work places, community halls, through local publications (Events, Guth Barraigh and Am Paipear), the ADP website, social media sites including NHS and Era nightclub in Stornoway as well as through Era's advertisement screens within the premises. There is an alcohol and mental health poster and press release which is being finalised this for issue also.

The Scottish Government 'Lower Drink Driving' campaign was launched on 5th December. The new limit will bring Scotland in line with the rest of Europe, lowering the limit from 80mg of alcohol per 100ml of blood to 50mg of alcohol per 100ml of blood. The ADP has requested copies of posters from SG and will distribute across the Outer Hebrides.

Hand warmer, LED torches and flash light keyrings with public health messages would be distributed across the Outer Hebrides as part of the winter campaign.

It was agreed that the ADP would contact the Heb Celt Fest at the start of the New Year re: ADP/Public Health presence at the 2015 event.

ACTION: Karen – Continue with the winter campaign plan and actions.

ACTION: Karen – Start discussions with Heb Celt Fest early 2015 (Jan) re: ADP/Public Health presence at 2015 event.

8. REPORT FROM ADP SERVICE NETWORKING DAY 08/10/14

Suzanne Macaulay (SM) advised members that a networking day was arranged to meet the needs expressed by funded services and from this event future networking days were requested and it was hoped the next one would take place in June 2015 in Tarbert and those from the Uists advised that they'd be happy to travel to this. This event gave partners an opportunity to network, make connections and have an increased awareness of each other's services.

SM advised that services across the Outer Hebrides found it difficult getting females to engage with services and also found that lack of appropriate transport stopped people being able to access services.

ACTION: Suzanne – Arrange Networking Day for June 2015.

9. REQUEST FROM WI SEXUAL HEALTH COMMITTEE RE REPRESENTATIVE FROM ADP

Members approved KP attending the Sexual Health committee on behalf of the ADP to allow better links around training and campaigns.

ACTION: Karen – Advise the Sexual Health committee that KP will represent the ADP on the committee.

10. UPDATE ON NEEDLE EXCHANGE

SM advised the group that the needle exchange is progressing locally and is led by the NHS Sexual Health & BBV Officer. There are 4 service users of the needles exchange currently. There has been a change in management in the Stornoway Boots store and they are keen to provide a needle exchange service.

11. LICENSING – OCCASIONAL LICENSES AND PUBLIC HEALTH MESSAGE

The ADP agreed they would arrange a meeting between the Heb Celt Fest (HCF) and NHS Health Promotion Dept. to discuss how Health Promotion (HP) could assist the HCF in meeting the Licensing Principle 'Protecting and Promoting Public Health'. David Blaney (DB) advised that the Licensing Board did not have any concerns with the HCF however he would have a conversation with Lesley Macdonald (Clerk to the Licensing Board) re: HCF meeting the Licensing Principle 'Protecting and Promoting Public Health'.

ACTION: Karen – Arrange meeting with HCF and HP to discuss how HP can assist HCF in meeting the Licensing Principle 'Protecting and Promoting Public Health'.

ACTION: David – Have a conversation with Lesley Macdonald (Clerk to the Licensing Board) re: HCF meeting the Licensing Principle 'Protecting and Promoting Public Health'.

12. JOINT INTEGRATION BOARDS (JIB)

WI advised she attended a JIB commissioning event for ADPs and she would circulate the report paper on this to ADP members.

WI advised members of a drug testing kit which was showcased at the Scottish Drugs Forum (SDF) Fair and would send the link to members for information and interest.

ACTION: Wendy – Issue document on Joint Integration Board meeting attending to ADP members.

ACTION: Wendy – Provide ADP members with link to drug testing kits showcased at Scottish Drugs Forum event.

13. REPORT BACK FROM OTHER COMMITTEES

SM provided an update from the Community Safety Partnership (CSP). It was advised at the recent CSP meeting that RNLI have data on alcohol and drug related incidents across the Outer Hebrides e.g. rescues related to alcohol intake. It was suggested that the summer campaign be advertised in the Fishing News to capture seamen as this is a very popular publication for fishermen. It was suggested safe drinking on pleasure crafts and around marinas be promoted.

SM advised that, at the ADP subgroups, concerns were raised about an increase in under-aged drinking in Stornoway and people being served alcohol while drunk in Uist. It was agreed the ADP would write to the Licensing Clerk re: concerns of the implementation of the licensing standards and requesting assurance that this will be addressed.

It was suggested subsidising mocktails to licensed premises should be considered for future campaigns if evidence of mocktails sales can be demonstrated.

Dr Maggie Watts provided an update on the Health Board's involvement with the Licensing Board. She has provided comments on gambling and understands An Clachan store in North Uist has extended its licensing and shop opening hours, on which she has not commented...

ACTION: Fiona – Receive data from RNLI on alcohol and drug related incidence across the Outer Hebrides e.g. rescues related to alcohol intake.

ACTION: Karen – Consider the Fishing News for campaign in the future e.g. summer campaign re: pleasure crafts and marinas.

ACTION: Karen – Write to Licensing Clerk re: concerns of the implementation of licensing standards.

ACTION: Karen – Consider subsidising mocktails to licensed premises in future campaigns.

14. AOCB

14.1 MOTIVATIONAL INTERVIEWING – EMAIL FROM E SHELBY

WI advised members that the AMHLN has been involved in the setting-up of a national coaching group on motivational interviewing training for NHS Education for Scotland. Members agreed that the AMHLN and Head of Service should be informed that the ADP feels that her further involvement in the Motivational Interviewing Training national coaching group would be unhelpful and reduce her focus on her role as the AMHLN.

ACTION: Wendy – Advise the AMHLN of response from ADP re: Motivational Interviewing

14.2 Solution Focused Therapy

SM would gain information on Solution Focused Therapy from Emelin Collier and/or Mike Hutchison.

ACTION: Suzanne – Gain information on Solution Focused Therapy.

15. DATE OF NEXT MEETINGS

March 2015 (TBC)