

Outer Hebrides Alcohol & Drug Partnership FINAL

Lewis & Harris Subgroup Meeting

Date: Wednesday 3rd July 2013

Time: 1300 - 1600

Venue: Conference Room, Police Station, Stornoway

PRESENT:

Valerie Russell

Kareen Macleod

Donnie Macdonald (for Shona)

Robert Sinclair

Chris Mina Morrison

Gordon Macleod - CHAIR

Mustapha Hocine

Centre Manager, Action for Children

Alcohol Support Worker, CnES

Deputy Manager, Hebrides Alpha – Supported
Accommodation

Project Manager, Hebrides Alpha Trading Ltd

Community Nurse (Alcohol Misuse), NHS WI

Chief Inspector, Police Scotland (Outer Hebrides)

Substance Misuse Coordinator, NHS WI

IN ATTENDANCE:

Fiona Hall

Substance Misuse Information & Research Officer,
NHS WI

Karen Peteranna

Substance Misuse Development Officer, NHS WI

NOTE TAKER:

Karen Peteranna

Substance Misuse Development Officer, NHS WI

1. WELCOME

Gordon Macleod (Chair) welcomed all present at the subgroup, thanking them for their attendance and apologised for the change of date, advising this was due to conflicting work commitments.

2. APOLOGIES

Apologies were received from Frank Creighton, Stuart Simpson, Michael Stewart, Sharon Reid, Shona Macleod, Steven Munro, Mary Maclean, Maggie Macleod, Elizabeth Shelby, Alison Maclean and Mike Hutchison.

3. APPROVAL OF MINUTES FROM SUBGROUP MEETING 4TH FEBRUARY 2013

The notes were approved as a correct record.

4. MATTERS ARISING - ADP UPDATE

4.1 ADP STAFF UPDATE

Gordon advised the group that Sarah Macleod, Substance Misuse Development Officer (SMDO) maternity cover had left the OH ADP as she has taken-up a post in Edinburgh. The SMDO post was advertised and after interviewing Karen Peteranna was appointed to cover the SMDO's maternity post until 11th October 2013. Gordon wished Karen all the best in her new post.

4.2 FUNDING UPDATE

The group were advised the OH ADP had received £700,000 of funding for the financial year 2013/14 from the Scottish Government and this had been allocated to local services. The funds are to assist in addressing the issues laid-out in the OH ADP strategic plan for early years, early intervention and for providing a recovery based service for people with problem alcohol and drug issues. Funding for 2014/15 has been indicated as the same for 2013/14.

The OH ADP remit is to provide equitable, accessible services across the geographical area balanced against need from data provided and making every attempt where possible to cover the strategic priorities for the OH ADP. However, the OH ADP does have limited financial capacity to fund alcohol and drug services throughout the Outer Hebrides.

Funding has been allocated to agencies to enhance and develop integrated, accessible services that meet with its strategic priorities. The ADP encourages the continuation and development of new partnerships to be created and the development of new projects/services to ensure that the monies being made available can effect real change in the lives of people affected by substance use, across the Outer Hebrides.

Following a transparent funding process the following services have been funded by the OH ADP for services to meet their strategic priorities: -

Funded for 2013/15 Top Sliced:

- ADP Support Officers
- Travel and Subsistence
- Partner Service Delivery, SMC Uist & Barra
- NHS (BI's: Alcohol Liaison Nurse, Well North, GPs Enhanced Contracts, Data Collection)

Funded for 2013/14:

- CnES - Drug Support Worker
- CnES - Alcohol Support Worker
- CnES – Outreach
- NHS WI – Community Nurse (Alcohol Misuse)
- NHS WI – CAMHS

Funded for 2013/15 (dependent on services meeting their SLA's):

- Hebrides Alpha Trading CIC
- Hebrides Alpha – Supported Accommodation
- Substance Misuse Partnership, Uist & Barra:
 - CnES – Radical Project
 - Community Home Detox Fund (Uist & Barra)

- Uist Services
- Barra Services
- Caraidean Uibhist
- Cothrom
- The Caladh Trust
- Action For Children - Early Intervention Children & Families Support Service
- Action For Children - Early Years Drug and Alcohol Post
- Action For Children - Early Intervention Young Person Liaison Worker
- Crossreach - Housing Support Service

The chair advised the group that the decision was taken last year by the OH ADP that current statutory services funded by the OH ADP would have their funding reduced by 100% in 2014/15 and if the services were worthwhile CnES and NHS Western Isles should make them part of their core service. Chris Mina and Kareen both raised concern with regards to the discontinuation of funding opportunities for their services and the possibility the posts may not be taken on by their organisations. They both agreed that waiting times might have to be considered in the future and that pressures to make targets on waiting times do exist.

The OH ADP are delighted the housing support post has gained a successful applicant this year as it had been advertised in previous years but not filled.

Gordon addressed press surrounding the closure of a service which had applied for funding and added that it was not the OH ADP's decision to close a service. He added that the OH ADP conducts a robust funding allocation process to assure fairness to all applicants.

4.3 TRAINING UPDATE

The Outer Hebrides ADP has enlisted the Scottish Training on Drugs and Alcohol (STRADA) partnership to run a number of courses in the Outer Hebrides in 2013/14:

Course	Location / Venue	Dates
Introduction to Motivational Interviewing (2 day)	Stornoway	7th & 8th May
Introduction to Motivational Interviewing (2 day)	Balivanich	14th & 15th May
Motivational Interviewing Practice Based Workshop (3 day)	Stornoway	12th, 13th June & 1st Aug
Introduction to Substance Misuse (1/2 day)	Balivanich	23rd Aug
Introduction to Substance Misuse (1/2 day)	Stornoway	19th Nov
Working with Drug and Alcohol Users (4 day) Note: STRADA open bookings for 2014-15 around October/November and Dates for Uist & Barra TBC then.	Stornoway	13th,14th, 20th,21st Feb 2014

These training courses were offered to all appropriate parties and attendance is mandatory for the Outer Hebrides ADP's funded services.

The booking system is fully automated. Cancellations and bookings for Events need to be actioned by the participants via the STRADA website: <http://www.projectstrada.org>

Funded services in attendance at the subgroup voiced their satisfaction with the 'Introduction to Motivational Interviewing' course they had attended.

Mustapha made the group aware of training which may be of interest:

Course	Venue / Location	Dates
Improving the Sexual Health of Drug Users (2 day)	Caberfeidh Hotel, Stornoway	14 th & 15 th August

Karen advised the group she would email the course details to the subgroup.

Mustapha suggested the 'Training for Trainers' course that was supposed to have been conducted previously be looked at again.

Valerie enquired if there was surplus funds within the OH ADP for attendance to conferences off island by funded services. In particular Valerie was keen to attend an Early Years Conference. Gordon agreed the ADP could look at the budget and see if this was a possibility, suggesting if funded services were to attend they could report back to the ADP and subgroups.

It was also voiced that Blood Borne Virus (BBV) training was found to be extremely useful.

ACTION: Karen Peteranna – Circulate course details to subgroup.

ACTION: Karen Peteranna – Look into 'Training for Trainers' course.

ACTION: Karen Peteranna – Check possibility of conference attendance with surplus ADP funds.

4.4 INFORMATION HANDLING UPDATE

At the ADP meeting held on the 7th May members approved the Terms and Conditions of Grant amended to include an 'Information Governance' section. Training for staff on 'information governance' can be arranged if required by contacting Karen Peteranna, ADP SMDO on 01851 762022. Eddie Yates (NHS Western Isle, Information Governance Manager) is flexible to attend services individually or to conducting larger generic training.

5. ADP SUMMER PROGRAMME – INFORMATION ON PROGRAMME OF ACTIVITIES

'Drop a glass size in 2013'

Karen advised the Outer Hebrides ADP has rolled-out the Scottish Governments 'Drop a Glass Size in 2013' campaign. The posters will be displayed over the summer months in licensed premises throughout the Outer Hebrides in toilet cubicle poster frames which were purchased and distributed by the NHS Western Isles Health Promotion Department, as well as message boards for the general public to see. (The poster was tabled)

'A shower won't make you sober' Poster Campaign

Karen advised the group the OH ADP would be issuing a drink-driving poster campaign 'A shower won't make you sober' in a number of local papers in August (The poster was tabled). This poster campaign was originally issued by 'Go Safe Glasgow' and they have said we can use their artwork and they are kindly covering the £50 publishers charge. Gordon added that morning drinking limits were certainly a concern for Police Scotland and they have been conducting a drink-driving campaign throughout July.

The group were asked to share any summer programmes they were conducting. Valerie shared with the group the activities they had hosted for children affected by domestic violence and alcohol: a barbeque, art sessions and fishing. Robert advised that they had hosted fishing trips for their service users. Mustapha made the group aware of activities which were ongoing within Balivanich, such as: the fun day, barbeque, the setting up of a youth cafe and also there were activities taking place at Uist Outdoors Centre, Lochmaddy.

6. OUTCOMES DATABASE – TO DISCUSS ANY ISSUES ARISING

The ADP thanked all those who completed their Outcomes Database returns and responded to their individual reports circulated by the Substance Misuse Info. & Research Officer. The fact that funding is dependent upon the ADP receiving the outcome information requested was reiterated. The ADP are always eager to receive feedback on the Database and constructive suggestions on how it could be improved are always welcome. Gordon advised that if anyone has a problem they should contact the ADP Chair rather than circulating the issues to other funded services. Gordon asked the present groups feedback on the outcomes database.

All those present indicated that they were satisfied with the Outcomes Database as it is at the moment. It was raised that while it can be time-consuming to complete the return, services are aware that it is a necessary task in order to secure future funding. The Outer Hebrides ADP acknowledges this and appreciates the time and effort services are dedicating to the Outcomes Database.

Due to the fact that not all Outer Hebrides ADP funded services are required to complete the Drug and Alcohol Treatment Waiting Times Database and Scottish Drug Misuse Database (SMR25s), it is not possible to use these databases as the ADP's information source. The Outer Hebrides ADP must have a standardised monitoring and evaluation process for all the services, hence why all services are required to complete the same monitoring form and Outcomes Database.

Fiona advised she would be more than happy to receive feedback to ensure that the outcome database works for services. She added that it is important for services not to worry about completing all sections as it may not be relevant to all services.

Comments on the Outcomes Database from Elizabeth Shelby, Alcohol and Mental Health Liaison Nurse were received prior to the subgroup meeting and voiced to the group. Elizabeth had concerns about the time data entry took (in particular for frontline staff) and duplication on data entry between various data entry systems while suggesting a flat file extract produces much of the information required. Elizabeth suggested the Substance Misuse Information & Research Officer (SMIRO) extract source the information through ISD Scotland rather than services. Fiona advised the SMIRO post does not have available time

to extract data for all services whose data can be found on ISD Scotland. As discussed previously the OH ADP needs a uniform mechanism across the board for all funded services. The funded services agreed that while data is duplicated in some areas for some services ADP funding is dependent on completion of the Outcomes Database. The Chair added that the data is required to feed back to the Scottish Government who then provides the OH ADP with funds. The OH ADP needs to show the funds provided to them are spent well to improve the lives of people in the Western Isles around alcohol and drugs related areas.

A number of funded services requested that they be able to log the number of people they are supporting that are affected by substance misuse. Donnie Macdonald requested an Outcomes Database be sent to him as he had not completed one in some time.

It was queried what a 'returning referral' was. Fiona advised this was someone returning within 6 months.

ACTION: Fiona Hall – Fiona to allow for collection of additional data.

ACTION: Fiona Hall – Send Donnie a copy of the Outcomes Database.

7. ISD SCOTLAND – TO RECEIVE INFORMATION ON ISD DATABASE TO BE ROLLED OUT IMMINENTLY

Fiona advised the update on the ISD Database only applied to Tier 3 and 4 services i.e. those who currently submit SMR25s and Waiting Times.

Fiona shared with the group that ISD have been commissioned by the Scottish Government to develop a database that would collect and report on Alcohol Treatment Outcomes to provide valuable information on those entering specialist alcohol treatment services, their journey through them and their related outcomes. After some careful consideration and a consultation period, it was agreed to expand the remit of this database to cover Scottish Drug Misuse Data (SMR 25a/bs), Drug and Alcohol Treatment Waiting Times (DATWT) as well as the proposed Alcohol Treatment Outcomes data. This new all inclusive database will be known as the Drug & Alcohol Information System (DAISy). By developing a single system it is hoped that the amount of data entry required from services will reduce and go some way to ensure data quality and completeness is managed more effectively.

ISD have held a series of consultation events about this new database, looking at both the proposed dataset and reporting. Fiona attended one of these events 2 weeks ago. The development of this database is still in the very early stages however ISD are keen to have ADPs involved from the offset and are keen to get feedback from everyone. The group were advised that if anyone would like to have a copy of the consultation document they could request this from Fiona. They were further advised that if they did submit any feedback then to ISD Scotland this should be under their own service name and not the Outer Hebrides ADP as they would be submitting their own feedback (closing date 12/07/13). It will be approximately 2 years before the database is fully operational but in the meantime it is very important for the funded services to keep collecting all the information required at the moment both through SMR25/Waiting Times and the Outcomes Database. Fiona thought it should be noted that from the consultation document it can be seen that many of the proposed data items for the DAISy are items

the ADP currently ask for in the Outcomes Database. This shows that the information we are currently collecting is relevant and of interest to the Scottish Government and when the DAISy is operational it should reduce the amount of information required to be collected within the Outcomes Database.

8. NATIONAL DEVELOPMENT OFFICER, ALCOHOL & DRUGS UPCOMING VISIT TO OH ADP

The subgroup were informed The Scottish Government's National Delivery Advisor on Alcohol & Drugs, Val Tallon is to visit the Outer Hebrides ADP at their next statutory meeting to be held on Tuesday 9 July.

The National ADP Delivery Advisors aim is to support and advise ADP's in the redesign of alcohol and drug provision to form Recovery Orientated Systems of Care (ROSCs), improve service quality and support data analysis to facilitate the former. In visiting the Western Isles she would like to gain a better understanding of where the ADP is in terms of:

- ROSC Implementation
- Use of data to support measurements of recovery based outcomes
- Range of quality services for drug and alcohol users in the area

In doing so Val hopes to build capacity amongst ADPs by identifying areas of good practice and facilitating the sharing of learning via a range of established models such as: buddying, information sharing and development of national templates. Gordon advised the ADP would report back to the subgroup on this after the visit.

A discussion took place on 'mainland referrals' and the pro's and cons of this. Mustapha advised the group that other island ADP's set monies aside for mainland referrals. It was thought that this was not currently a preferred or popular option within Western Isles services in current times. It was thought the success rate was not vast when you take clients out of their local setting and return them after treatment on the mainland. The Chair added that the therapeutic employment and residential services which are offered in the Western Isles allows for people to be assisted within their community. Mustapha confirmed that the Uist & Barra Partnership utilises the services on offer (in particular through Hebrides Alpha) on Lewis and have had clients attend with positive outcomes.

ACTION: Gordon Macleod – Report back to subgroup on Val Tallon visit.

9. INTEGRATED CARE PATHWAY (ICP) – TO RECEIVE INFORMATION RE: UPDATE OF ICP FROM MUSTAPHA HOCINE

The group were advised the ICP had not been updated since 2010 and this had intended to be an annual event undertaken by the Lewis & Harris Substance Misuse Coordinator. At the ADP Group Meeting on the 7th May 2013 it was decided the ADP would ask Mr Hocine as the Substance Misuse Coordinator for Uist and Barra if he would be willing to take on this piece of work on for the whole of the Western Isles as concern had been raised that the ICP appeared to have no dedicated lead and would therefore lack some of the adult resources. Mr Hocine advised he would be pleased to accept the review and update of the ICP. He stated he had started to look at the logistics of the task and would shortly be able to inform us of what additional resources he would require.

Mr Hocine explained the 3 stages of review:

- Stage 1 ADP Support Team to assist on ensuring the correctness of factual information e.g. Are all services within the ICP still open and at the venues stated.
- Stage 2 Discuss with agencies the groups that exist, their roles and referral procedures.
- Stage 3 Peruse statutory guidelines from local authority, NHS and the Scottish Government especially around vulnerable groups ensuring the ICP is up to date in terms of legislation.

Mr Hocine will be emailing all services to gather details on all the different tools that are used, he will then collate and distribute to services Western Isles-wide ensuring everyone is using the same tools available. The completion of the ICP will provide better inter-agency working. He advised the group the 1st draft of the revised ICP would be ready for the ADP members to review at the next ADP meeting in September 2013. Mr Hocine advised the group he would circulate an electronic copy of the 1st draft to subgroup members for comment.

Information on individual services will be included within the ICP 'directory of services' section. It was suggested they should be split into 'ADP funded services' and 'all other services'; this should reduce duplication and make it easier for clients to move between services.

ACTION: Mustapha Hocine – Email all services to gather various tools used.

ACTION: Mustapha Hocine – Circulate 1st draft of ICP to subgroup.

10. **ADP ANNUAL REPORT 2012-13 TO UPDATE SUBGROUP ON TIMETABLE RE: SUBMISSION OF ANNUAL REPORT TO SCOTTISH GOVERNMENT**

It was voiced that the Scottish Government had informed the OH ADP of the dates for submitting the annual report:

- 15th September 2014
- 14th September 2015

Fiona advised the group that the draft annual report would be discussed at the upcoming ADP Group meeting on the 9th July 2013. Valerie suggested case studies from funded services be added into the report. Fiona agreed the report would benefit from this and she would contact funded services for their input.

ACTION: Fiona Hall – Contact funded services re: case studies.

11. **AROUND THE SERVICES – UPDATE FROM FUNDED SERVICES**

11.1 **Action for Children Early Years Drug and Alcohol**

Valerie advised this service had 14 current service users. They have a new partnership with the Maternity department called 'New Beginnings' which has an element of substance misuse. They are working with 4 families through this project currently; 3 families are fully engaged and 1 family is non-co-operative.

Early Intervention Children and Family Support

They have arranged the process for referrals. The programme is 6 weeks minimum. The worker is undertaking schools inputs which they advise compliment the CnES Outreach service. They have an annual invitation to attend Stornoway Primary School.

Early Intervention Young People Liaison Worker

Valerie advised that the post has been advertised as 20 hours this week and they hope to have the post holder in place by the end of the summer.

11.2 Hebrides Alpha Trading

Robert advised the group they currently had 10 users of the holistic employment service and they each work 2 days per week. The working hours are 8am to 4pm, they have 3 full time staff currently and only staff have the use of Hebrides Alpha transportation. Service users without their own vehicle are expected to use the local bus service and on producing a receipt they will be reimbursed. After 8 days of employment a daily allowance of £10 is received by the service user. No cash is handed over; the money will go towards food, rent or electricity etc and it certainly won't be put towards alcohol and tobacco.

Sobriety while at work is a priority of Hebrides Alpha Trading. They have breathalyzers which they ask people to use if they think they have been drinking. Unfortunately drug use is less easy to detect but they will send people home if they suspect they are under the influence.

It was voiced that turnover was up slightly by 5% even when services offered have changed.

Services Update

Hebrides Alpha Trading helps users gain their CSCS (Construction Skills Certification Scheme) card.

Window Cleaning – This is an ongoing service.

Kerbside Recycling – 1 day has been lost with CnES rolling out kerbside recycling.

Bouncy Castle – They no longer provide this as other companies were making this service available.

Cardboard Recycling – This is an ongoing service. It was voiced that another business is offering this service free of charge.

Pallet Recycling – One of their newer services, pallet recycling involves the wood being used to make clocks. Robert advised this seemed to be a good activity for less physically able clients. They intend to work on this activity over the coming year and hope to have the service up and running in time for summer 2014. (*Robert tabled a couple of sample clocks*)

Garden Cutting – This is a popular request during summer however Robert advised that this is not in the interest of Hebrides Alpha Trading.

11.3 Hebrides Alpha Supported Accommodation

Donnie advised that since the beginning of the year 3 residences have completed the programme, have remained sober and positive members of society. The programme includes the 12 Step bible base recovery plan, Alcoholics Anonymous, Road to Recovery and voluntary employment. They liaise with other services and invite guest speakers to talk to residents. The activities which they have undertaken this year to date have been: sports, peat cutting and planting potatoes.

Donnie took the opportunity to thank the Outer Hebrides ADP for the funding they had provided the service for 2013-15. The ADP Chair added he had visited the service and was very pleased with what they offer.

11.4 Community Nurse (Alcohol Misuse)

Chris Mina advised the group that since March the service had received over 40 referrals. This figure is up on the last few years. There have been 21 returning referrals, 20 new referrals and these figures included 20 self or family referrals.

11.5 Alcohol and Mental Health Liaison Nurse

Chris Mina provided a quick update on this service as Elizabeth was unable to attend the meeting. They have been busy in the hospital and with drug referrals. There has been a noted increase in prescription drug misuse. GP's are also reluctant to continue prescribing and this is due to a change in the terms of these. There is no waiting list for this service and clients will be seen on the day of referral is possible. There have been more Harris referrals over the last few months and this is possibly due to GP's passing on referrals rather than holding onto them.

11.5 CnES Alcohol Support Worker

Kareen advised she currently had 38 service users. She attends the Tarbert surgery fortnightly and there is a possibility of her having a day in Ness in the near future. Kareen advised there is an issue with people not turning up to morning appointments as the newspapers do not arrive on the island until the afternoon. People would like to attend their appointment and pick up their paper together in the afternoon. It was voiced that there were not a lot of referrals coming through Criminal Justice currently.

11.7 CnES Drug Support Worker

Stuart advised that 'legal highs' were a issue at the moment. Most of the referrals to the service are through word of mouth which is positive. He advised that 2 of his service users will potentially be joining Hebrides Alpha Supported Accommodation. The Chair noted it was good to hear of interaction between substance misuse services.

11.8 Substance Misuse Partnership for Uist & Barra

Mustapha advised they have a Harris service user which has been buddied up with a volunteer from Berneray which was a great match.

12. AOCB

The Chair advised the group that there was a conference in Stornoway which Sir Harry Burns, Chief Medical Officer, Scottish Government was speaking at. The agenda is focused on early years and members were advised to attend if they were available to as Sir Harry Burns is a fantastic speaker.

13. DATE OF NEXT MEETING

The date for the next meeting will be arranged for early 2014.

END