



WE LISTEN, WE SUPPORT,
WE TAKE ACTION
for Scotland's vulnerable
children and families

A little bit about us

At CHILDREN 1ST, we believe every child should have a happy, healthy, safe and secure childhood.

For over 125 years, originally as the Royal Scottish Society for Prevention of Cruelty to Children (RSSPCC), we have been working to build a brighter future for Scotland's vulnerable children, young people and families.

Follow us @children1st

Like us at facebook.com/children1st

www.children1st.org.uk



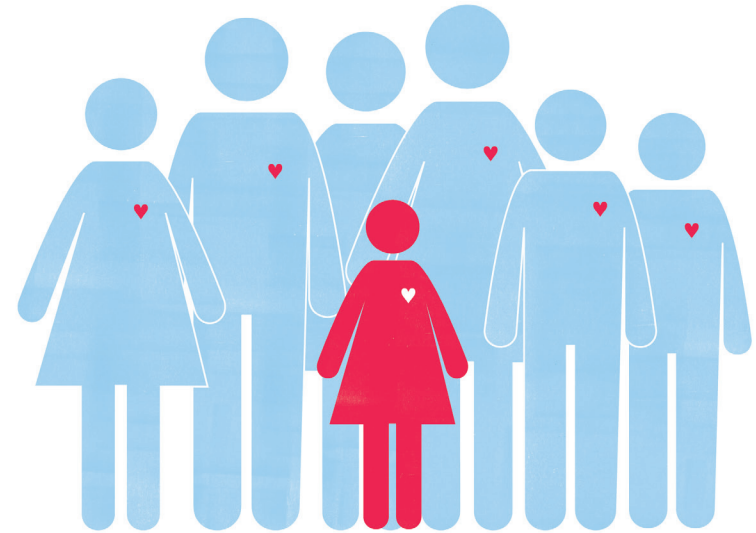
INVESTORS
IN PEOPLE

CHILDREN 1ST Registered Office:
83 Whitehouse Loan Edinburgh EH9 1AT
Registered Scottish Charity No. SC016092



KINSHIP CARE

Workshop Programme 2012



ParentLine
SCOTLAND 08000 28 22 33



Introduction

In 2010 the Kinship Care National Training and Outreach Service, run by CHILDREN 1ST and funded by the Scottish Government, was set up to give information, advice and other support to kinship carers and children living across Scotland.

As part of the service we provide the national Kinship Care helpline run by ParentLine Scotland. **The helpline is a free confidential service for anyone caring for a child in Scotland.**

The helpline opening hours are:
9am-10pm Monday to Friday
12noon-8pm Saturday and Sunday

The helpline can be contacted on **08000 28 22 33** or by email at **parentlinescotland@children1st.org.uk**

We also support kinship care families through:

- training and skills development
- regional forums
- an annual conference
- groups and networks
- quarterly newsletters
- family group conferencing provided through our local services.



"Today's workshops gave me a lot of good information and allowed me to share what I know with others."

Kinship Carer, May 2012

Contact us

If you have any questions or would like further information on the National Kinship Care Service please contact:



Call free on: 08000 28 22 33

Open Monday to Friday 9am - 10pm, Saturday and Sunday 12pm - 8pm



Email: parentlinescotland@children1st.org.uk



Visit: www.children1st.org.uk



"The recent workshop for kinship carers was brilliant. I got a huge amount out of meeting other carers"

ParentLine Scotland caller, July 2012

Please return this form to:



FREEPOST RSGE-ZGBB-EKCJ
CHILDREN 1ST
83 Whitehouse Loan
Edinburgh,
EH9 1AT

Alternatively please contact ParentLine
Scotland who will complete the booking
on your behalf:

t: **08000 28 22 33**

e: parentlinescotland@children1st.org.uk

Training skills and development

Kinship carers have told us about areas and issues they'd like more information and support. These include topics such as financial matters, schooling, challenging behaviour, substance misuse and safe use of the internet.

We have listened and have put together our programme of informal workshops for 2012-2013.

The short workshops advertised in this booklet are available for you to meet other kinship carers, share your experiences and learn from others.

They are delivered by staff from CHILDREN 1ST and other appropriate organisations, to make sure you get the best possible advice.

These workshops are free, travel expenses can be reimbursed and we will cover the cost of childcare up to £20.00.

How do I apply?

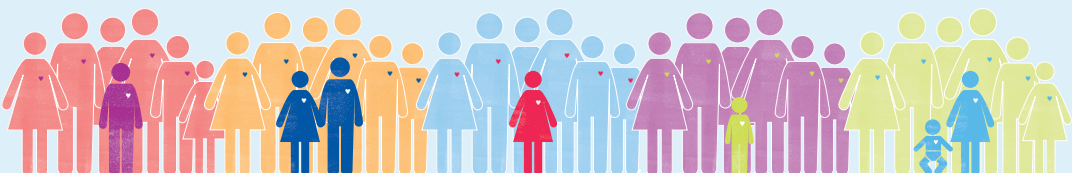
Please have a look at our workshop themes. Once you or your group have decided which workshop you would like us to run please fill out the enclosed booking form and return it to the address provided.

Alternatively you can call the kinship care helpline on: **08000 28 22 33** and they will fill out a booking form on your behalf.

We will hold the workshop when we have enough people - at least six, but more is always better!

Once we have enough people signed up we will contact all individuals / groups to arrange an appropriate venue and time.

We are more than happy to deliver a workshop in your group meeting venue at a time that suits your group members.



Workshops

Financial Inclusion. Length of workshop: 2hrs

This workshop looks at financial entitlements, financial planning, types of borrowing and the financial implications of residence and permanency orders. It is delivered jointly by Citizen Advice Scotland and the kinship care helpline at ParentLine Scotland.

Hints & tips about school and learning. Length of workshop: 2hrs

This workshop provides an overview of what happens in school today, how you can support your child's learning and the kind of financial and practical support possibly available for your child. We will tell you about the new Curriculum for Excellence and how the school can support your child through additional learning and incidents of bullying.

Impact of substance misuse. Length of workshop: 2hrs

This workshop looks at the different ways substance misuse affects family relationships. We will provide information about how trauma, caused by parental substance misuse in a child's early years, can affect emotional and physical well-being. We will also look at the different organisations which can help families affected by substance misuse.

Challenging Behaviour. Length of workshop: 2hrs

This workshop looks at the role carers play in a child's life and how to successfully cope with raising children. We will explore challenging and difficult behaviour, possible reasons for the behaviour and how to successfully manage and support your child. We will also explore the importance of discipline and how rewarding positive behaviour can be an effective tool.

Safe internet use. Length of workshop: 2hrs

This workshop looks at modern technology and some of the potential risks it presents to children and young people. We will look at ways for you to protect your child(ren) and provide you with some basic skills to use the internet for homework and as a source of support and information.

Booking form for Kinship Care workshops



Workshop title	
Preferred area Please state the nearest town or city	
Number of attendees Please state the number from your group interested at this stage	

Name	
Address	
Phone number	
Email	

Childcare costs

We are able to provide support towards childcare costs. Please tick this box if you would like help towards childcare costs and we will contact you with more information.

Travel costs

Please indicate by ticking one box if you would like support with the cost of travel to and from the event. Yes No

Contact details

Please tick this box if we can keep your contact details* to tell you more about the kinship care service, future events and other CHILDREN 1ST services and activities.

* We will not share your personal details with anyone else.