

# Outer Hebrides Alcohol & Drug Partnership FINAL

Lewis & Harris Subgroup Meeting

Date: Wednesday 4<sup>th</sup> February 2013

Time: 1000 - 1300

Venue: Conference Room, Police Station, Stornoway

**PRESENT:**

Valerie Russell  
Kareen Macleod  
Stuart Simpson  
Sharon Reid  
Shona Macleod

Centre Manager, Action for Children  
Alcohol Support Worker, CnES  
Drug Support Worker, CnES  
Community Education Worker, CnES  
Manager, Hebrides Alpha – Supported  
Accommodation

Robert Sinclair  
Donnie Macdonald  
Maggie Macleod  
Elizabeth Shelby  
Roddy Mackay  
Eddie Yates

Project Manager, Hebrides Alpha Trading Ltd  
Support Worker, Lifestyle Centre  
CAHMS, NHS WI  
Alcohol and Mental Health Liaison Nurse  
Community Safety Officer, Northern Constabulary  
Information Governance Manager, NHS WI

**IN ATTENDANCE:**

Sarah Macleod

Substance Misuse Development Officer, NHS WI

**NOTE TAKERS:**

Karen Peteranna

ADP Administrative Assistant, NHS WI

**1. APOLOGIES**

Apologies were received from Christine Mackechnie, Marine Munro, Mike Hutchison and Wendy Ingledew.

**2. MATTERS ARISING – ADP UPDATE**

**2.1 ADP Staff Introductions**

Sarah Macleod introduced herself to the sub group as the maternity cover for the Substance Misuse Development Officer post and Karen Peteranna as the Administrative Assistant for the OH ADP.

**2.2 Funding and Application Process Update**

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This was addressed in item 4.

### 2.3 Training

Sarah advised the group that provisional dates for training by STRADA had been received and anyone that required further information could contact her for details.

## 3. INFORMATION HANDLING: HOW TO SHARE INFORMATION SAFELY

Eddie Yates, Information Governance Manager for NHS Western Isles introduced himself to the group. He advised the group that he had been invited to speak at the ADP sub group meetings to address issues around the sharing of data.

Eddie informed the group that data sharing is governed by the Data Protection Act 1998. Eddie tabled an example of a 'Client Profile' which is used by Fiona Macdonald, Substance Misuse Information & Research Officer and asked the group to think if they shared data safely. He informed the group that NHS Western Isles is obliged to share data they collect with the Data Commissioner. Eddie asked the group what data is collected by the various organisations/services in the room. The various forms of data collected were shared between the group. Eddie told the group that the only organisation that could take any data they liked was the Police. Eddie voiced that in order for inter-agency working to be effective there should be fewer barriers to sharing information/data communication. Eddie asked the group if there was one common identifier between the linking services to which the group advised him there was not. Eddie advised the group that a CHI (Community Health Index) number is to be rolled out throughout NHS Scotland. This will be a common point of reference and anonymous.

Eddie advised the group that the highest class of data was health care and children. Valerie voiced that the children services and health care services do not share data. Eddie advised that moves were being made to allow the sharing of data between children's services and health care services. Another way data could be shared is through the Civil Contingency Act. For example vulnerable adult data may need to be shared if you feel people could come to harm, to prevent harm.

Eddie advised the group that he could go round each service funded by the ADP to talk about data sharing and storing, dealing with each service individually.

Maggie voiced to the group that she uses reduced data within an email so there are fewer identifiers. Following on from this Eddie asked the group if they used secure emails. Sharon advised the group that some council employees have secure emails including 'PNN' or 'GSX' within the email address, she was going to query if she could get a secure email address.

Eddie advised he would make-up guidance on data sharing for the sub group and cascade. He would have to check with the CnES legal team if this would be applicable to CnES employees also.

**ACTION: Eddie** – Decide if it's necessary to visit each service funded by the ADP on a one-to-one basis.

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**ACTION: Sharon** – Query about CnES secure email address.

**ACTION: Eddie** – Make-up guidance on data sharing and cascade to sub group, while checking with CnES legal team.

### 4. FUNDED SERVICES UPDATE

#### 4.1 Action for Children (AFC)

Valerie advised the group their Early Interventions Programme had 22 referrals from July – March. This is a 6 week programme delivered to teenagers drinking at the weekend and includes sexual health inputs. Although the programme is generally 6 weeks, up to 6 months can be offered when required. AFC are happy with how the system is working.

#### 4.2 CnES – Outreach

Sharon advised the group that they had 35 cases of young people drinking, 20 different people. They suspected that young people were staying out of town to avoid referral. She shared with the group that they had taken part in HMI presentations lately which was targeting 3<sup>rd</sup> and 4<sup>th</sup> year pupils and reached 32 classes.

*Sharon passed statistics for 'Alcohol Awareness Workshop Evaluation' to Sarah.*

Outreach raised a concern they had with the group that young people are drinking at the Bus Station in Stornoway at the weekends. Outreach are hoping to spend 1 hour at the Cearn's Community Centre, Stornoway at the weekend to build up relationships. Outreach have had 3 trips to Scaladale for high tariff young people. They have hosted take away evenings. They have had 3 Sober Island Nights / Battle of the Bands events – 2 in Stornoway and 1 in Leverburgh. These events primarily hope to spread a message of responsible drinking. Outreach hoped to have 2 more events before the end of March. They are hosting a photography project with Bessie (photographer) which involves going out into the community and taking pictures of empty bottles and such drink/drugs related items. They currently have 18 young people involved in this project. Sharon advised the 'boys group' was in a transitional phase at the moment and were currently recruiting 1<sup>st</sup> to 3<sup>rd</sup> year pupils.

Sharon will be leaving Outreach at the end of March and someone from Community Education would be taking over from her.

#### 4.3 Child and Adolescent Mental Health Service (CAMHS)

Maggie advised they are seeing a reduction in referrals and they believe this is due to people drinking out of town or possibly AFC's 6 weeks Early Intervention project is receiving them instead. The Uist & Barra service is working towards a single pathway; this is then hoped to be mirrored in Stornoway as it is working well in Uist and Barra and in time will provide clarity.

#### 4.4 Hebrides Alpha – Supported Accommodation

Shona advised the group they have had 4 service users December to March. If people have relapsed they are receiving stricter contact on return to the service. Hebrides Alpha Supported Accommodation find it a great joy to be able to offer this service to people that have gone round a revolving door in the past. It is especially great to be able to offer a

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residential service in such a small community when funding has decreased in this area across Scotland. They hope to keep improving their outcomes.

### **4.5 Hebrides Alpha Trading**

Robert advised the group that Hebrides Alpha Trading offers untrained work to people aged 18 – 65 years, as well as CV writing assistance. At present they have 10 service users, 3 female, 7 male and generally aged between 30 and 40 years:

- 4 were self referrals
- 2 were referred by Social Work
- 2 were referred from Hebrides Alpha Supported Accommodation
- 1 was referred by a friend
- 1 was referred by Lifestyle

Service users have remained in this project for 3 months to 2 years. When people are in the project for 2 years it usually means they have gained short term work and then rejoined Hebrides Alpha when that employment has ended.

### **4.6 Northern Constabulary**

Roddy advised the group that they too have concerns with drinking at the bus station at the weekends. Their problem drugs are mainly cannabis, prescription drugs and worryingly crystal meths. The drugs dog has been out with the handler conducting educational visits and they just have a few at the Nicolson left to conclude this round of visits. Rock Challenge, Australia through Scotland. Sgoil Lionacleit stepped up last years with 39 kids heading to Eden Court to compete in drama. If they were to win that they would be through to the national competitions.

### **4.7 Lifestyle**

Lifestyle voiced to the group that they have really struggled since their funding was cut last year. They have reduced their hours since then and their Manager took up a secondment in Hamilton to reduce the Lifestyle Stornoway offices costs. Lifestyle's referrals have reduced in this time also. Their main priority in the coming months is keeping the service open and available to users.

### **4.8 CnES – Drug Support Worker**

There were 8 referrals last month 80% for alcohol and 50% to alcohol and drug combined. Stuart advised that legal highs are a main concern at the moment. Unfortunately service users are discharged quite rapidly due to a lack of motivation, however once discharged by Stuart they tend to self re-refer again.

### **4.9 CnES – Alcohol Support Worker**

Kareen tends to find self referrals are more committed and criminal justice referrals more challenging. Her clients always find the Christmas / New Year period a difficult time however she felt there was an improved this year on previous years. Kareen did note a concern to the amount of paperwork involved in the service.

### **4.10 Alcohol & Mental Health Liaison Nurse**

Elizabeth voiced to the group that the Community Nurse (Alcohol Misuse) has been very busy and this may be due to the Lifestyle project running a reduced service and due to the fact they used to signpost people to Lifestyle. They have been seeing clients more frequently (5 times rather than 2) to aid relapse prevention. The service makes 1 or 2 trips

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to the Harris GP Practice per week. GP's are now referring patients that have been on long term prescription drugs to Elizabeth to discuss reduction of medication. She found more clients coming through criminal justice are on medication. It was noted hospital visits weren't falling however it was thought this could be due to a coding error on admissions. On review it was thought a percentage of codes were incorrect at Western Isles Hospital. Elizabeth wasn't able to check the codes for Uist & Barra Hospital but it was thought they may have the same problem. Elizabeth advised the group there was a larger education remit and training for 90 staff was taking place in the near future. Nursing staff were going to undertake 'symptom triggered admission training' shortly and through the Care Pathway it was hoped patients would be discharged in a shorter period.

### **5. AOCB**

Sarah reminded the group that 'monitoring forms' and 'outcomes databases' were to be submitted by 14<sup>th</sup> March 2013.

Shona of Hebrides Alpha Supported Accommodation asked if there was an improvement nationally and Sarah advised that all ADP's were reporting positively.

Elizabeth raised the point that the **Ness group** wanted to meet with a more experienced group and Elizabeth thought this should include early year's people.

#### **ADP Funding**

Applications for funding are to be submitted by 5<sup>th</sup> March 2013. Sarah clarified a decision on ADP funding distribution would be made at the next ADP member's group meeting on 26<sup>th</sup> March 2013 and this would be a 2 year funding term. Sharon raised the question 'what would happen if there is a gap between funding terms?' to which Sarah advised she would check and report back. Sarah advised the group the OH ADP would chase-up the Scottish Government for the decision on their allocation of monies to the OH ADP.

**ACTION: Sarah** – Check on gap between funding terms.

#### **ABI's**

Shona voiced to the group that she thought ABI's were proving to be very positive nationally. Elizabeth advised ABI's had fallen locally and it was thought this was due to our own success and services mistakenly ceasing to perform ABI's since they moved from a target to a standard, although those involved did agree they definitely did work.

#### **Early Years Collaborative**

Valerie of AFC advised she attended the Early Years Collaborative and found the topics 'pre-birth interventions' and 'vulnerable parents' extremely useful.

Sarah thanked all for their attendance.

**ACTION: Sarah Macleod** – Check what will happen if a gap in funding terms occurs.

### **6. DATE OF NEXT MEETING**

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(TBC by Sarah after meeting)

**END**