## A SHOWER WON'T

## MAKE YOU SOBER!

## 



**OVER THE LIMIT** 

5.3087



**OVER THE LIMIT** 

## 



**OVER THE LIMIT?** 

Alcohol can stay in your body for hours after you stop drinking making you still over the limit the following morning.

For further details please visit the Outer Hebrides Alcohol & Drug Partnership website: www.outerhebadp.co.uk









