

Outer Hebrides Alcohol & Drug Partnership FINAL

Outer Hebrides ADP Executive Meeting

Date: Wednesday 25th March 2014 1000 – 1230

Venue: Conference Room, Police Station, Church Street, Stornoway

PRESENT:

Gordon Jamieson
Bernard Chisholm
Mairi Bremner

ADP Chair; Chief Executive, NHS Western Isles
Head of Children's Services and Resources, CnES
Community Representative

IN ATTENDANCE:

Wendy Ingledew
Fiona Hall

ADP Coordinator, NHS WI
ADP Substance Misuse Information and Research
Officer (SMIRO), NHS WI
ADP Substance Misuse Development Officer, NHS WI

Suzanne Macaulay

NOTE TAKER:

Karen Peteranna

ADP Administrative Assistant, NHS WI

1. APOLOGIES

Apologies were received from Gordon Macleod, Emelin Collier and Donnie Mackenzie.

2. APPROVAL OF MINUTES

The notes of the ADP Executive meeting on 19th February 2014 were approved as a correct copy and the actions ratified.

3. ACTIONS FROM ADP EXECUTIVE MEETING 19th FEBRUARY 2014

All actions are complete or ongoing.

Karen advised that Tesco had been contacted again requesting local alcohol sales as it was noticed the Customers Services had been contacted previously and maybe another department would be able to answer the query. Karen requested that Tesco Customer Services advise which department might be able to answer the Outer Hebrides ADPs query. The Customer Service contact advised that the information requested would be company sensitive and they were not in a position to pass the query onto another department. It was voiced that Tesco/Co-op do not have to honour the Freedom of Information Act. It was suggested that Alcohol Focus Scotland be contacted and it be queried with them where information on local alcohol sales be obtained. It was queried if the licensing board could make license holders supply alcohol sales prior to their license being granted however Mairi had previously sat on the License Board and advised they could not.

ACTION: Karen – Query with Alcohol Focus Scotland where local alcohol sales can be obtained.

4. **FUNDING 2013-14 & 2014-15**

Wendy advised those present that as per action from the 19th February meeting a proposed spend on the £10k under-spend had been drawn-up by the ADP Support Team. This was approved and ratified by Mairi Bremner as the meeting on the 19th February was not quorate. The ADP Chair later approved the proposed spend on I.T items for the ADP Support Team and promotional items for the summer and winter 2014 campaigns.

The paper 'ADP Proposed Funding 2014-15' was discussed. It was voiced there in an alcohol allocation of £541,392 and drug treatment services and support allocation of £161,951 for 2014-15. The committed expenditure for ADP Support Officers, travel and subsistence, Brief Interventions, projects and campaign, and partner service delivery totals £300,650 for 2014-15. The service allocation for 2014-15 totals £303k which leaves £99,693 for service development in 2014-15. It was noted that Action for Children are the only funded service with a carry forward to consider in 2014-15.

5. **SERVICE PROVISION**

Suzanne advised that she had hoped to get Michael Stewart, CnES Criminal Service Justice Manager and Mike Hutchison, NHS Western Isles Head of Mental Health & Learning Disability Services together to discuss service development to fill gaps identified in service delivery however their diaries did not allow for this prior to 25th March. Suzanne did speak to both on the phone and they were both keen to support service development.

Suzanne and Karen met with Del Gunn, Catch 23 Manager, who advised he was open to the use of their premises for a drop-in weekend/out of hour's service however he did note that some people do not want to use services that are perceived as predominantly mental health and it should be made very clear that the drop-in weekend/out of hour's service is separate. Del also has volunteers and part time staff available to assist in the delivery of the proposed service also.

The ADP Chair voiced that the ADP ensure they do not over provide and respond to the needs identified.

Following on from an action from the February ADP meeting Fiona updated those present on the re-referral trends of the Community Nurse (Alcohol Misuse) service. Fiona advised that there were a number of service users which had up to 9 referrals. From discharge to re-referral there was 8 days to 3 weeks in some cases and it was queried if some service user's cases were being closed off by the service provider too quickly. It was voiced that it is not acceptable for a service user to revolve around detox. It was thought there may be an over reliance on the service and a service gap identified. It was voiced that an out of hour's service, drop-in service and diversionary activities encourages recovery. The ADP support team were requested to find out:

- What are the proven benefits of 'community detox'?
- Does 'community detox' on its own work or is it accompanied by another service?
- What does 'community detox' achieve on its own?
- How do other ADPs support detox?

Suzanne advised that on attendance at a recovery conference recently there was emphasis put on cognitive behavioural therapy (CBT) / peer support being the most positive recovery. It was suggested that there is a missing link after detox and a structured intervention from qualified staff is required. It was felt that there is no net for service users to fall back on at the weekend. Those in attendance agreed that the ADP must move away from the medical model to provide a more meaningful recovery and looking at Alcoholic Anonymous (AA) it is clear to see that peer support aids long term recovery. Suzanne advised she has a contact in Glasgow who said he was happy to come to speak with the Outer Hebrides ADP on peer support. It was agreed this would be useful however the discussion should slant to what can work in the Western Isles rather than the experience in Glasgow. The OHADP would invite the contact to attend the June meeting and can share information on the local current situation to aid this discussion. A visit from Val Tallon, Scottish Government would be postponed to another date.

Bernard advised that CnES have a Stornoway central unit which will be available in the very near future as well as employees available at the weekend to assist with diversionary activities.

Bernard advised that he is interested to look at the following gaps for 25 year olds and under with the Children and Families Bill in mind:

- Out of hours service and weekend service or cover for substance misuse services
- A drop in facility for those in recovery
- Activities for young people

ACTION: Suzanne / Karen – Address queries on Community Detox.

ACTION: Suzanne – Request that the peer support contact come to present to the OHADP at the June meeting.

6. DEVELOPMENT OF SERVICES 2014-15

As per discussion from 19th February meeting those present were advised that the CPN post in Uist & Barra was no longer vacant so a community detox element and on call service could not be inbuilt into the post. In Barra people requiring detox are admitted to hospital in Barra or Uist or the GP can assist with detox. It was noted important that a person undertaking detox sees the same nurse for continuity.

It was agreed that as the ADP does not have the capacity to accommodate every substance misuse service gap for the Outer Hebrides that other organisations should take on the responsibility of providing Substance Misuse Services for the communities of the Outer Hebrides. It was agreed the ADP would write to the Outer Hebrides Community Planning Partnership (CPP) to make them aware of the service gaps identified and suggest that the gaps previously identified as an interest of Bernard's be passed to CnES Education and Children's Services. The ADP are to merely highlight the gaps to the CPP for consideration in future planning and discussions.

Fiona provided an update on her findings from the action to 'assess prescription drug user's age band and locality' from the February ADP Executive meeting. Fiona advised that she contacted the CnES Drug Support Worker and NHS Alcohol and Mental Health Liaison Nurse regarding their local knowledge on drug use in the Outer Hebrides. The Drug Support Worker advised he found Valium and Dihydrocodeine to be very problematic drugs that people tend to be happy to remain on. He has had 67 users reduced off these against will and if these users cannot get the drugs medically they will seek them off the street. The Drug Support Worker advised he thought the prescription addict is very specific and possibly overlooked. The NHS

Alcohol and Mental Health Liaison Nurse responded to the query advising they would submit the information in the annual returns.

Fiona voiced a report on diazepam and dihydrocodeine following action from the February Executive meeting to 'assess prescription drug user's age band and locality'. It was found that a lot of service users were being prescribed both drugs however maybe that wasn't too surprising as diazepam aids sleep and dihydrocodeine is a pain reliever. It was voiced that people should not be on these drugs for long periods of time. Fiona also pointed out that the Drug Support Worker advised he has not seen an improvement in this area however the GP had seen an improvement. It was suggested Fiona compile a paper on prescription drug trends locally, broken down by practice, age and location. This paper should be issued to the Health Board and other interested parties advising that the ADP think there may be an issue here and flagging up the data only. The paper can include case studies of patients. It was suggested the ADPs work around prescription drug use will help in service development in the longer term.

ACTION: Fiona – Compile paper on prescription drug trends locally.

7. FINANCE PLAN FOR 2014-15

Wendy advised the annual Outcomes Databases and Monitoring Forms from funded services were due to be returned to the ADP Support Team by Friday 11th April 2014. The ADP Chair advised the ADP needed to ensure the current funded services were doing what they said they would. The ADP had already set a president and should be consistent in their approach. A 5 W's (what, where, when, who, why, how) approach was suggested.

It was agreed the 'ADP Funding Programme for 2014-15' would be amended to a manageable sequence with realistic and achievable dates.

ACTION: Suzanne / Fiona – Compile brief reports from annual returns. (For meeting on 23rd April)

ACTION: Wendy – Amend the 'ADP Funding Programme for 2014-15'.

8. CORRESPONDENCE FROM UIST & BARRA PARTNERSHIP

Wendy apologised to the ADP Chair as a letter addressed to him was issued in error as a paper for the meeting.

Following action from the ADP Executive meeting in February a letter was issued to Sheena Stewart, Caraidean Uibhist requesting clarification on the Substance Misuse Partnership for Uist and Barra (SMPUB) management structure.

Wendy advised members that Caraidean Uibhist provides local line management support to the key workers in the Uists and Voluntary Action Barra and Vatersay provides this for Barra key workers however these key workers are working professionally unsupervised. Suzanne advised that at the SMPUB service visit in December the ADP representatives advised the partnership that if Sheena Stewart was not willing to take on the role as professional supervisor they must find an alternative by the end of March 2014. As clarity on the management structure of the SMPUB was not fully received from the response letter it was agreed the same ADP representatives that attended the meeting in December would revisit the partnership for the previously agreed end of year service visit. The ADP representatives should take all recent correspondences between the SMPUB and ADP. It was voiced that if the partnership cannot take responsibility and constitute the committee they cannot receive funds.

Wendy advised that a complete breakdown on finance had been requested by from the SMPUB. It was further decided that finalised audits accounts for 2013-14 should be requested from all ADP funded services and returned when available. It was noted that the ADP can wait 6 weeks. It was thought it may not be as easy for statutory organisations to provided audited accounts however all funded services should be requested the same information.

ACTION: Suzanne / Karen – Arrange end of year funded service visit to SMPUB with the same attendees.

ACTION: Suzanne / Karen – Request final audited accounts for 2013-14 from all funded services when available.

9. **CROSSREACH & CARE INSPECTORATE REGISTRATION**

The ADP were advised that following action from the ADP Executive meeting in February letters were issued to Crossreach and the Care Inspectorate regarding the 'Dochas' Housing Support Worker's Care Inspectorate registration. The letter to the Care Inspectorate was issued to Hazel Marsden, Registration Manager and expressed the ADP's concern that it was Crossreach's understanding that a delay in the service becoming registered with the Care Inspectorate is due to the absence of an employee within the Care Inspectorate registration department. Karen received a phone call from the Michael Mckelvey at the Care Inspectorate on 19th March advising he had received the letter and did not know what application for registration was being queried. Michael asked that Karen request that Andy Cashman at Crossreach contact him to discuss the matter. Andy copied Karen into an email to Michael requesting a phone call on the 23rd March and also emailed Wendy on 24th March advising he would keep her informed of any developments as a resolution to the matter. Those present advised the ADP may need to decide if the services funding is to be continued in light of the lack of registration however they await further updates from Crossreach.

It was agreed Bernard would provide the intelligence required on what is the basis for the 'Dochas' Housing Support Worker requiring a registration to the Care Inspectorate.

ACTION: Bernard – Enquire why the 'Dochas' Housing Support Worker requires a Care Inspectorate registration.

10. **NEEDLE EXCHANGE SERVICE**

Suzanne advised that the needle exchange service negotiations were progressing well. Dr Burns, Archway Practice has agreed to pilot a needle exchange service in Stornoway for a year and is currently costing the service which he will forward to Isabel Steele, NHS Sexual Health Officer. Louise Scott at Broadbay Practice had been contacted and Isabel was awaiting a response. Isabel had asked that the GP Sub Group table the negotiations however the Primary Care Manager declined as she thought that the focus was on 2 Stornoway practices. Boots Pharmacy is on-board with the needle exchange service. The ADP advised a postal service is preferential as this could cover the whole of the Outer Hebrides.

11. **AOCB**

As the meeting had run over the allocated time the ADP Executive skipped to item 11.3.

11.1 **SUPPORT TEAM – DRAFT ACTION PLAN**

11.2 INTEGRATED CARE PATHWAY

11.3 DATA COLLECTION MEETING

Wendy advised those present that a meeting took place on 17th March 2014 between the ADP and the Alcohol & Mental Health Liaison Nurse service. In attendance were Wendy Ingledew, Fiona Hall, Gordon Macleod and Elizabeth Shelby. Gordon began by stating that the purpose of the meeting was to discuss the data collection which was not submitted to the ADP in October 2013, and that he had received an email from the Nursing Director of NHS Western Isles (Sandy Brown) that the outstanding data would be submitted. Elizabeth said that was not her understanding and that the Nursing Director is expecting clarity on what data it will be necessary to submit. Gordon stated in that case they had an impasse. Wendy went on to read out the minutes of the meeting.

It was agreed a letter would be issued to Sandy Brown, NHS Nurse Director to gain clarification of assurances made regarding the submission of data from the Alcohol & Mental Health Liaison Nurse Service as it appears these assurances are now being contradicted. The ADP would like to request that NHS Western Isles resolve this discrepancy as the data for 2013-14 is due to be submitted by funded services to the ADP by 11th April 2014.

Fiona advised she received a request from Mike Hutchison, Head of Service for the Alcohol & Mental Health Liaison Nurse to advise how the dataset was agreed by the Outer Hebrides ADP. The ADP Chair advised this was irrelevant and submission of data is a condition of funding.

Suzanne advised she received an email from Mike Hutchison, Head of Service for the Alcohol & Mental Health Liaison Nurse advising that there is no cover for the service when the post holder is on annual leave. It was agreed a reply would be issued to Mike thanking him for bringing this to the attention of the ADP.

ACTION: Wendy / Gordon – Write letter to Sandy Brown re: clarification of assurances of the submission of data from the Alcohol & Mental Health Liaison Nurse.

11.4 FUNDING REQUEST

Wendy advised those present that a request for funding had been received from Calum Russell from the Spiritual Care Diversity & Bereavement Support Department as lead agency for a partnership with Penumbra & Western Isles Advocacy to deliver Hope & Recovery for people recovering from mental illness. The project requested £6k in 2014-15 and £4k 2015-16. Wendy had drafted a response letter to the query which the ADP Executives approved.

ACTION: Wendy – Issue response letter to Calum Russell.

12. DATE OF NEXT ADP MEETING

23 rd April	Executive 1130 – 1330 Members 1330 – 1530
18 th June	1130 – 1530
17 th Sept	1000 – 1400
3 rd Dec	Time TBC