Welcome to your perfect Mocktails step-by-step guide to making...

Atlantic Breeze and The Hebridean



Pour half bottle Pineapple Juice into tall glass.



Glass contents should have a frothy consistency.

Atlantic Breeze



Ingredients: Bitter Lemon, Pineapple Juice and Cranberry Juice.



Pour half bottle Cranberry Juice into tall glass.



To complete the Atlantic Breeze Mocktail - pour in half bottle Bitter Lemon.

The Hebridean



Ingredients: Ginger Beer, Pineapple Juice and Cranberry Juice.

Step 3



Shake contents vigorously together in shaker with lots of ice.

Step 6



To complete The Hebridean Mocktail - pour in half bottle Ginger Beer.





Non-alcoholic Mocktail Guide produced by The Outer Hebrides Alcohol & Drug Partnership and NHS Western Isles.

Special thanks to local Mixologist Vojta for creating these recipes.



Return shaker contents into tall glass.



Garnish your Mocktail with a strawberry and serve with a straw.