



# Free *Oh Lila!* resource pack training

## Course Details

The Oh Lila! story and supporting resources aim to build resilience and protective factors in young children, helping to develop their social skills and encouraging them to communicate. These skills are particularly helpful for the thousands of children across Scotland who are living with a problem drinking parent.

Oh Lila! tells the story of an adventurous young hare called Lila, who gets herself into trouble. Lila goes through a range of emotions before confiding in her friend Eric the squirrel who encourages her to seek help from the wise old hare.

The moral of Lila's story is that if children get into trouble or make a mistake, it is always better to speak to someone they trust to help them.

The half day training workshop aims to support workers utilise the Oh Lila! resource. The Outer Hebrides ADP has purchased resource packs for release to nurseries and other agencies across the Outer Hebrides.

## Who is this training suitable for?

The Oh Lila! resource pack and training is suitable for use by nurseries and any organisation/service working with pre-school children and families.

## Booking:

Please book with Karen Peteranna, ADP Substance Misuse Development Officer to secure your place: [karen.peteranna@nhs.net](mailto:karen.peteranna@nhs.net) or 01851 76 2022

## Venues and times:

### STORNOWAY

**9<sup>th</sup> September 2015**  
The Shed  
Francis Street  
4 – 8pm

**10<sup>th</sup> September 2015**  
Western Isles Hospital  
Clinical Skills  
9am – 1pm

### UISTS

**15<sup>th</sup> September 2015**  
An Caladh Trust  
East Camp, Balivanich  
4 – 8pm

**16<sup>th</sup> September 2015**  
An Caladh Trust  
East Camp, Balivanich  
9am – 1pm

### BARRA

**22<sup>nd</sup> September 2015**  
Castlebay Primary School  
4 – 8pm