## Introduction

The Outer Hebrides Alcohol and Drug Partnership (ADP) aims to prevent and reduce the harmful effects of alcohol and drugs in our community, to promote sustained recovery and deliver better outcomes for those affected.

This directory aims to help identify the services that best meet an individual's needs and circumstances. It contains details of services across the Outer Hebrides that provide assessment, treatment, advice and information on drug and alcohol use for service users and for those who may be concerned about someone else's substance use. All drug and alcohol services listed in this guide offer confidential services. Please contact the service directly for more detailed information and advice. The ADP also offers regular training/awareness sessions and details of these can be found on our website - www.outerhebadp.co.uk

The online directory is also available for download at our website www.outerhebadp.co.uk and is regularly updated.