

DRUGS AND MENTAL HEALTH



**Tuesday 12th March 2019
9.30am - 4.30pm**

**Balivanich Hall
Isle of Benbecula
HS7 5LA**

FREE TRAINING COURSE

Course Overview

An introduction to the effects that drugs can have on mental health, how it can be recognised and how an appropriate response can be made. This training will allow health workers, youth workers, drug workers and other professionals to effectively respond to, treat and engage people with mental health problems.

By the end of the session participants will be able to:

- Describe the impact of drug use on mental health and vice-versa
- Name common triggers for drug use and mental health issues
- Identify attitudes and values towards drug use and mental health
- Recall the role of self-medicating in people with mental health issues
- Identify effective techniques for supporting people affected by mental health and substance use issues
- Recognise when to refer on and joint work with partner agencies

Aimed at:

- Drug workers
- Housing workers
- Social Workers
- GPs
- Nurses
- Teachers
- Mental Health Workers

**To book your place please contact:
Donna Morrison, ADP Administrator
donna.morrison4@nhs.net / telephone: 01851 762022**